

2010 Sound Light Ascension Expo

Schedule of Events:

Saturday:

Time	Room	Speaker	Description
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9:50 AM	Exhibit Hall:	All Participants	Community Prayer Richard Shulman on Keyboard - Opening Meditation
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10:00	Farmington:	Dr. John Beaulieu;	“Sound, Healing, and the ascension of Consciousness; Listening to the Whispers of Lightbeings with a Modern Ear”
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Sound has played a central role in healing and consciousness in many cultures and spiritual / alchemic traditions for thousands of years. Today science is just beginning to understand the ancient language of myth and archetypes as it relates to biochemical physiology. Dr. Beaulieu will speak about the molecular biology of sound and light related to ancient mythologies and mysticism. Special emphasis will be given to modern stress science in the context of transformation through sound. This is an opportunity to merge the power of symbols and archetypal intuitions with the discipline of modern science. Special emphasis will be given to the integration of this knowledge into skills and practices that can be used at home as well as integrate into a professional healing practice.

During the Keynote and in Dr Beaulieu’s later workshops, some of the main points covered will be:
What is Sound?

- The discovery of nitric oxide molecule in health and its relationship with sound and stress science.
- The concept of Euphoric stress and the “politics of experience”. The idea of “getting high on music” and what it really means.
- The relationship of Sound to Light via nitric oxide. Emphasis given to understanding depression and dealing with depression through sonic stimulation of the brain stem.
- The relationship of sound to mystical experience.
- Practical sound tools based on research.
- How to integrate your sound healing skills through an understanding of ancient knowledge translated into modern science.

Dr. Beaulieu will sign his newly released book “Human Tuning” at his booth following each presentation.

11:00	Farmington:	David Hulse:	“Using Frequency to Awaken Energy and Manifest Change”
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Our subtle energy bodies connect us to fifth dimensional energy – the pure and original divine energy coming into our third dimensional experience. This energy is crucial to the emergence of the new light body. The challenge is that the original blueprint is being aborted by our beliefs and unresolved issues from past experiences, therefore creating energy blockages and resulting in an inferior physical body.

To allow the fifth dimensional energy to create the new light body, we need to bypass the belief systems and clear the

energy blockages. Using vibrational tools gives us a way to bypass the resistance of the human ego mind and its powerful collective belief systems. I believe we can touch and expand the heart at its deepest level. This will give us the power to be all that we have the potential to be and manifest the changes we want in our lives.

- 11:00 Derby: Marjorie Opie: A Sound Healer's Journey (30 minutes)**
Pain and agony of soul within a 3 year period, forced me to stop teaching and I was brought face to face with spirit speaking to me through an African Shaman to “Stop resisting your gift of sound healing”. This is the gift I had kept secret from the world. It was incredible to me that this Shaman could be told this secret for not even my mother knew of this gift....this secret that I kept from the world. I reloaded by life to express this gift and now I will share it with you.
- 12:00 Exhibit Hall: Sampler Concert – 10 minute performances by Healing Arts vendors:**
Dr John Beaulieu - Tuning Forks
Richard Shulman - Keyboard
Amie Camie & Janiece Jaffe – Harp, Bowls, Crystal & Tibetan and Voice
Sharon McWilliams - Voice
Frank Bozak - Flute
- 1:00 Farmington: Stephen Deuel “Living Divinely; Using Sound Frequencies to Awaken Your Ascension Journey”**
Stephen Deuel shares through his personal experiences and exploration into multi-dimensional realities how using sound you can feel and frequencies connect you to your divine self. A leading authority in Vibroacoustics, Stephen shares how sound frequencies and energetic grid work connects you to your higher-self and awakens you to your limitless potential. Through sharing this information he empowers others to raise their personal frequencies and awaken to their ascension journey through a synergistic blend of sound and energy modalities.
- 1:00 Goldenrod: Kathleen Calby “Explore the Sounds of Singing Bowls” (30 minutes)**
Connect to earth’s energies and launch into other dimensions with gem crystal (Crystal Tones®) singing bowls and ancient Himalayan singing bowls. Learn how the singing bowls were developed in Tibet and beyond and how the new bowls fuse gems into their very essence. Tune to the wonders of harmonics and the resonance of bowls made of ruby, diamond, emerald and meteorites. Feel as well as hear sound, and move its vibrational form with your hands. Learn how listening to musical tones can be a sacred practice to engage the Universe, celestial or inter-dimensional guides and your Higher Self. Discover the amazing energy, healing and guidance that singing bowls offer.
- 2 to 4 Farmington: Dr. John Beaulieu “Sound Healing with Tuning Forks” (2 hours - \$10 @ door)**
Learn how to use tuning forks to tune yourself. In this workshop, Dr Beaulieu presents the science of human tuning. Everyone will learn how to tune themselves with tuning forks and their voice for increased health, well-being, and performance. The methods taught can be easily shared with family and friends as well as integrated into healing practices.
- Book Signing at BioSonics booth #1 immediately following the workshop.**
- 4:00 Goldenrod: John Camie “ORIGINS” (4:00 to 5:30)**

Entering the Age of Aquarius" explores the precession of the Ages that have influenced our reality and transformed our spiritual consciousness. Aquarius is the beginning and end of this great 26,000 year cycle and understanding its significance is necessary in order to create the dream of peace, joy and love that all humankind seeks. In each astrological age we experience a unique transition of human consciousness. Every 2,000 years brings a new awareness that heightens our transcendence to a higher consciousness toward our divine purpose. Each great cycle of 26,000 years allows for a total shift of spiritual consciousness in which the energies that flow through the Universe alter our reality, thoughts and perceptions. It is a gradual transformation toward an entirely new spiritual life experience. The Age of Aquarius is the beginning and the end of each of these great cycles of time. In the ORIGINS workshop, we will explore the precessions of the great 26,000 year cycle. There are many changes that we are consciously experiencing now that are creating insecurity, uncertainty, confusion and fear. By remembering the spiritual significance of the precession of the Ages, we will be able to better accept and appreciate how each Age has influenced our reality and awakened our spiritual awareness. For it is by enlightenment of our collective consciousness that we can create the dream of peace, joy and love that all humankind seeks.

- 4:00 Derby: Suzanne Jonas "Beyond the Hotel Vibrating Bed; An Introduction to Vibro Acoustics."**
Placing specialized speakers in beds/chairs/and tables for healing purposes has been successfully used in Europe for many decades. Currently the National Institutes of Health is running a study on its effectiveness. Find out what feeling good music can do for you, and explore the next generation of vibro acoustics: specific tones for dis-eases!
- 5:00 Derby: Chuck Reynolds "Matrix Energetics"**
Matrix Energetics is a healing technique that utilizes quantum physics where we access the place of no time and no space to move into the morphic or energy field of all probabilities where miracles may happen instantly. Pain and past traumas often melt in this transformative and joyful process. Healing is for everyone and excludes none. Not only do you learn to think outside of the box, you begin to suspect that it doesn't really even exist. When you see your world with new eyes the way you perceive your life takes on a new perspective. This process will be demonstrated in the session.
- 5:00 Farmington: Linda Rosenthal "Introduction to the Isle of Insight"**
Developed by Imagineer Linda Rosenthal – Take a specifically guided journey through your own vivid imagination and Higher Mind to find out how the elements of Earth, Water, Fire, and Air are natural teachers for revealing your creative inner wisdom. No prior meditation experience is necessary.
- 6:00 Close of Expo**
- 6:15 Farmington: Blessings of the Great Mother (Requested Love offering - \$11)**
Through the vocal expression of the original ancient language of Lemuria, the sacred seed language of all dialect, your hearts will activate and open to receive a blessing from the pure essence of the Divine Feminine, the Great Mother. An ancient Lemurian elder will step forward through the instrument Kimberly Taylor to sing the sacred song of invocation in the original tongue, bringing forth the Great Mother's essence to personally bless those who wish to receive. Join us as we bridge the dimensions to our ancient Lemurian elders and call forth this sacred blessing for ourselves, humanity, and the earth.

Sunday

Time	Room	Speaker	Description
9:50	Exhibit Hall:	Opening Meditation – Amy Camie on Harp	
10:00	Farmington:	William Wethern “Bio-Mechanics; Aquarian Age Healing”	William's own painful back injury caused him to seek help over a period of 3 1/2 years at a personal expense of \$18,000. Virtually crippled with severe pain, yet not satisfied with the allopathic treatment of symptomologies that compounded his dis-ease, he sought alternative modalities that addressed causes rather than effects. He tried Acupressure, Chiropractic, Acupuncture, Reflexology, Foot Zone Therapy, Massage and Rolwing, and other complimentary modalities with only temporary results. Desperate prayer led William to a remote area of the Ozark Mountains where lived Kenneth Ladd, the leading expert and trainer/instructor of Aquarian Age Healing; BioMechanics. One treatment gave extraordinary relief and a return to health. So impressed was William that he vowed to learn this work and pass the torch to families and health practitioners.
10:00	Derby:	Rose Howard “Sacred Vibrations; Journey into the Magic of Sound, Light, Aromas and More”	Learn how sacred vibrations in the forms of music, mantras, toning, light, sensing aromas, and movement can impact the health and harmony of your mind, body and spiritual well-being, as well as, that of the planet. Our goal is to increase our vibrational level through understanding the missing notes in our voices and taking steps to detox and replace the frequencies needed for balance and vitality. Sound frequencies, movement of chi in the body, and chakra balancing aromas, can detox not only toxic substances, but also toxic emotions, like fear, anger, guilt or any emotional place that keeps us from manifesting joy and health. This presentation includes experiential exercises that you can practice at home.
11:00	Farmington:	August Worley “PYRADYM Healing Resonance Instrument”	A discussion and demonstration of the pragmatic and esoteric principles representing frequency and waveform phenomena, (otherwise known as sound and light), as the perfect metaphors for understanding the energetic interactions that occur across the full frequency spectrum that we know as “LIFE”.
11:00	Goldenrod:	Amie Camie & Janiece Jaffe “Beyond Words and Into the Soul”	Amy Camie and Janiece Jaffe co-create in inspirational experience of chanting, toning, crystal bowls and solo harp that gently opens a gateway of connection to feel the peace, joy and love within.
12:00	Exhibit Hall:	Sampler Concert – 10 minute performances by Healing Arts vendors.	Jerry Utley – Voice Kathleen Calby – Crystal Singing Bowls August Worley – Base/Guitar/Voice Linda Rosenthal – Voice, chants and more Paul Jerseld – Guitar
1:00	Farmington:	Mary Maynard “DNA Reformation-a True Love Story”	

Mary combines objective study, research and experiential practice in the creation of this class offering. This one hour talk humorously combines quantum physics and the nature of evolution as a first step to “rebooting” what each person already has in their cellular memory.

The predominant culture in the United States teaches us that our bodies deteriorate and fail us. We are marketed that cells mutate into what is named cancer and that the outcome can be predicted. We are often encouraged to “fight” the cold or the symptom of what may be troubling our bodies. The use of chemicals, machinery or invasive organs and invasive procedures are we; accepted as primary method of care. Certainly, there are specific stages of disease that these modalities can assist in bringing balance and stability. Do we want to create this as our first line of wellness and prevention? Explore with me the answers to these questions: What if cells mutate to health? How is the evolution of the structure brought to a stronger, more efficient system of fitness? Why not? There are many worlds within you. This talk is a first step toward choosing the best.

1:00 Goldenrod: Linda Rosenthal “Chanting Sacred Sounds”

This experiential workshop with sound healer, Linda Rosenthal, will have you chanting, toning, and making sounds that will delight you, heal you and bring you into higher states of awareness. Open the portals to transcendence using the Five Sacred Languages; Hebrew, Egyptian, Chinese, Tibetan, Sanscrit. Chant along or meditate with 3 tracks from Linda’s re-issued “Reiki Rhythms” CD – *Starseeds, Origins of Chant, and Reiki Prayer*.

1:00 Derby: Julie E Brent “No One Told Me I’d Feel Like this! Am I an Empath?”

This workshop may help you understand what you are experiencing in a new and empowering way.

- If you have difficulty being in groups
- If your emotions and physical symptoms change when you are around your family members or
- You just feel the weight of the world problems are too great for you to handle

Having these experiences can indicate you may be an empath.

Julie grew up as an empath without an instruction manual. This workshop is designed to teach you some of what she learned along the way about being an empath and how to use the GIFT of Empathy successfully. Julie will talk about; What does an empath feel? The different levels of experience, sharing some of your personal experiences. The different reaction, sharing how you handled it. And discovery of your Empathic abilities.

2 – 4 Farmington: Dr. John Beaulieu “Sound and the Five Elements” (2 hours - \$10 @ door)

Learn how to identify the sound, movement patterns, and rhythms of the five elements; Ether, Air, Fire, Water, and Earth in order to creatively adapt to life changes. The five elements are a creative language of change and knowing them will help you manage all aspects of your life. The material taught can be applied to consciously choosing or playing music, creating tuning fork sessions based on the requirements of different life challenges.

Book Signing at BioSonics booth #1 immediately following the workshop.

4:00 Farmington: Chuck Reynolds “Oneness Blessing – Deeksha”

The Oneness Blessing is an energy transfer that causes a neurobiological change in the brain that reduces the power of the ego and connects us with spirit. It results in a growth in consciousness by creating a shift in the perception and experience of life. It is a non-denominational experience that awakens our connection with the Oneness in everything, allowing each of us to deepen our relationship with those we love, with ourselves, and with All That Is.

4:00 Derby: Anita Naanes “Quantun Relief Technique”

QRT is a system of innate to innate communication between the practitioner and another living being to help them to reach wellness, health and balance. It uses multiple modalities such as applied kinesiology, dowsing, water therapy, acupressure, auricular therapy Ting points, Gach points, therapeutic grade oils, tinctures, herbs, homeopathic therapy, aromatherapy, color therapy, and working with the energy fields. It addresses deep emotional triggers and environmental influences that affect wellness, health and balance.

5:00 Goldenrod: Frank Bozak “Musical and Guided Meditations to Integrate Your Body, Mind and Soul”

Other musical meditations are designed to awaken past life experiences which can lead to new practices and awareness.

6:00 Exhibit Hall: Closing Prayer by Jessie Morgan

Monday:

8:30 to 3:30 Sound Healing Clinic with Dr. John Beaulieu (\$100 – advance registration @ BioSonics Booth)

All who attend must understand, this is a Teaching Clinic, not a Healing Clinic.

It is highly suggested that attendees be familiar with all or some of the information that will be taught in the weekend workshops.

Clinic utilizes individual and group sessions to deepen a student’s knowledge of how to apply sound modalities for healing and well-being. During clinic the evaluation process and therapeutic interventions are explained to the whole group creating a feedback loop connecting and deepening a student’s knowledge of theory, evaluation processes, and clinical applications. Special emphasis is given to developing a deeper understanding of stress theory and the five element model through practical applications in real life situations, as well as how to integrate other healing modalities including verbal counseling, creative arts therapies, and body work into a sound healing session.

Clinic sessions are used to demonstrate different ways of working. For example some sessions are done “in content” during which the story of a students life challenge is analyzed into the five elements. Once the five element dynamic is understood then students are encouraged to create sessions which can help to bring the five elements into balance. Other sessions are conducted “out of content” during which the energy dynamics of the elements are evaluated through “felt feeling”, body structure, and voice and movement patterns. Special emphasis is given to working with sound in a traditional healing arts session room as well as how musicians can work with music in performance to balance the five elements.